

Holistic Chiropractic Arts LLC

Tri-fold brochure

[Inside Left Panel]

Become naturally, stunningly healthy.

Imagine living your life vibrantly. Thinking more clearly. Enjoying an abundance of energy. Moving freely, easily, no aches and pains. Imagine feeling balanced again.

You can make this happen.

At Holistic Chiropractic Arts Center, our individualized nutritional makeovers and chiropractic therapy programs are designed specifically for your needs. They safely remove toxins from your body, stabilize your internal systems, and get you started on the lifelong path toward a natural, stunning, healthy you.

Leave behind the constraints of an unhealthy, unbalanced lifestyle. Why limit yourself to a lifetime of living less than who you really are?

It's time to take care of *you* for a change. We can help. Being healthy never felt so good.

Go ahead – call us. You deserve it.

[Inside Center Panel]

Holistic Chiropractic Arts Center, LLC

Who we are:

We combine holistic nutritional analysis with traditional chiropractic therapy to treat the *cause* of your health problems – not just the symptoms. This patient-centered functional medicine philosophy fits perfectly with our unique expertise in biochemistry. We can harmonize your

body's structural, chemical and emotional balance for an amazing, synergistic effect on your health.

[Triangle Graphic]

Our all-natural, non-invasive approach gently guides you to your fullest, healthiest potential — so you can start living your best life today.

[Inside Right Panel]

We provide:

- Comprehensive neuromuscular & structural evaluation
- Chiropractic manipulation
- Complete nutritional analysis
- Food sensitivity testing
- Individualized nutritional makeover
- Medical massage
- Rehabilitative exercise therapy
- Custom-molded orthotics
- Assistance for those pursuing eastern & western medical treatments jointly

Need a speaker? We offer informative and inspirational programs on holistic, chiropractic, and nutritional topics for community and business groups.

Clarus Center:

We are affiliated with Clarus Center, a respected community of independent healing arts professionals who practice a variety of complementary and alternative medicines. We will gladly design your treatment program to coordinate with that of other Clarus Center practitioners. Our goal is your vibrant health and wellness.

For more information, visit www.claruscenter.com.

[Outside Right Panel]

HOLISTIC CHIROPRACTIC ARTS CENTER LLC

***The best in
natural solutions
for chronic health problems.***

Phone: 630.894.0033

[Outside Left Panel]

Health is not merely the absence of disease. It is the balance of Mind, Body, and Soul.

Come to us for relief from:

- Allergies
- Arthritis
- Asthma
- Cardiovascular Disease
- Celiac Disease
- Crohn's Disease
- Chronic Pain
- Diabetes
- Digestive Disorders
- Endocrine Disorders
- Fatigue
- Headaches/Migraines
- High Cholesterol
- Hyperactivity

- Hypertension
- Irritable Bowel Syndrome
- Irritability/Mood Swings
- Joint Pain
- Neck Pain/Back Pain
- PAD/Neurogenic Pain
- Reproductive Disorders
- Sinusitis
- Skin Disorders

[Outside Center Panel]

Nine easy ways to add **years** to your life...

1. Eat well
2. Sleep enough
3. Hydrate often
4. Exercise
5. Stretch daily
6. Breathe deeply
7. Take frequent breaks
8. Think positively
9. Be grateful

The doctor of the future will give no medicine, but will interest his patients in the care of the human body, in diet, and in the cause and prevention of disease.

Thomas Edison

HOLISTIC CHIROPRACTIC ARTS CENTER LLC

DR. JULIE ZAKUTANSKY

290 Springfield Drive, Suite 260
Bloomington, IL 60108
Phone: 630.894.0033

Fax: 630. 894.8676

The Clarus Center
28379 Davis Parkway, Suite 801
Warrenville, IL 60555
Phone: 630.393.9800 x.211